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Executive Director

Rhonda Jones
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April 9th, 2019

“Hot Topics in Dentistry: What Keeps You Up at Night”

By Mr. Mike Dvorak, TDA Executive Director

Mike Dvorak has been the Tennessee Dental Association’s Executive Director for the past three years, and has proven to be a wonderful asset.

Mike has a Bachelor’s degree in Public Relations and Psychology from Illinois State University in Normal, IL and his Masters Degree in Leadership from Trident University in Orange County, CA.

Mike’s professional career started in his hometown of Chicago where he worked with the National Osteopathic Medical Board. He and his family then moved to South Florida where he became the Executive Director of the Atlantic Coast Dental Association in West Palm Beach for 13 years.

Mike was the National President of the American Society of Dental Executives, belongs to many professional societies and sits on our TDA Insurance Board of Directors. He lectures at both of our dental schools for 3rd and 4th year students and has lectured at the American Dental Association and other associations and non-profits. Most recently, Mike took a position as one of the Directors on the Board of the TN Society of Association Executives.

Mike and his wife, Stacey, are enjoying their new home city of Franklin, with their two sons.



**Thank you to
this month’s
Sponsors:**





President's Message:

Dr. Charles McBrayer

Hello CADS Members,

Father time waits on no one! It's hard to believe as I write my last President message, that my time as CADS President has come and gone. What a great experience it's been for me to work with such dedicated and professional peers. The success of CADS each year is a collaborative effort of many individuals.

There are many I would like to thank for another great year. To start, Ken Randall, our Program Chair, provided one of the better years I can remember for pertinent CE. Ken, thanks for all your countless hours of work. What's even more amazing is that Beth was just as good handling the New Dentist Events; Beth did this while starting a family. To my board, thank you all for making time to attend board meetings and Continuing Ed Events. You are such professionals. A big thank you to Rhonda Jones, our Executive Director. Rhonda has been instrumental over the last 3 years in making CADS relevant and successful. You certainly made my job easier and the board look good. Your organization and desire to put CADS at the top really shows. Thanks again to our sponsors who financially support our programs and meetings.

In April, our new officers for 2019-2020 year will be inducted. CADS is in great hands with Drs. McOmie, McDaniel, Eslinger and Farrar; all dedicated professionals. We will also host TDA Executive Director, Mike Dvorak, who will discuss the latest "Hot Topics in Dentistry" and there will be CADS awards presented.

I want to thank you for allowing me to serve as your CADS President for the past year. It's been an honor and very enjoyable. Remember to always make some time for CADS. It's a great environment to grow professionally with your peers.

Thank you and God Bless,

Charles McBrayer, DDS
CADS President 2018-19



NEW DENTIST/MEMBER EVENT

Graduates since 2009 and
New Members of 2018 & 2019

(MUST RSVP - spouses are welcomed)

Join us at **Civil Axe** for an
evening of fun!

Hosted by:

Bryan Kelly @TANDEM
FINANCIAL PARTNERS

APRIL 4th from 6pm - 7pm @ 409 Market Street

Last CADS Board Meeting on April 15th, Broad Street Grille

"LIFE'S EVENING SUN IS SINKING LOW"

by Phil Nunnally, DDS

Springtime has now arrived. It is like coming out of the darkness of Winter to the newness of life. Do you ever take the time to look into the sky in the evenings as the Sun is starting to set and watch the beauty of the night arrive and the beautiful combination of the colors? Every day when we arise early in the morning, we can look outside our window and see that the Sun rises in the East and later, before the evening arrives, the Sun sets in the West. Although we do not see or feel it, the Earth is turning quite quickly. This Earth which we live on and die on, turns at a rather fast and unknowingly rapid pace. As the Earth spins, the Sun rises early in the morning and during day, moves across the sky, above the clouds, that we can see. We do not feel it turn or spin. As we watch the things which are above, we recognize that life passes faster than we can even imagine at times.

At the end of the day, as the Earth turns, the Sun drops from its highest place in the sky as we observe the daylight hours passing. As the light of the day starts to disappear into the beginning of darkness, we look up and witness the transitional changes from daylight to darkness rather rapidly and witness those transitional changes that are coming about. We feel the inward awe and beauty that living life gives to each of us. We are amazed by the heavens above in its beauty with the clouds and the sunset of night time. There is a rather small and rapid period of time as the darkness awaits and arrives which gives each of us the rather magnificent feeling of peace from all the stress of the day that we have lived and the night awaits as we start to feel the inner peace and calm we so desperately need in our lives. Remember what I have said many times before, that "life is short and we need to enjoy what little time we each have left". Time takes a toll on the body

(and the memory)! One of my favorite Randy Travis songs.

Anyway, when I started dental school at UTCHS in January 1976, Dr. Conn really impressed me when he stated on my first day and first class there, how life was created and that the human body's complexity of systems and functions was created from other than a one celled organism biologists taught that developed over hundreds of thousands of years to this day, including different species. Human development is really not so called Evolution as many teach and have come to believe in this modern day and age of mankind. But, one decides for themselves how their own life will proceed and what the final result (or destiny) is or demonstrates. I suppose the old saying, "To Each His Own" is something we each need to consider how one applies it to their own lives and the guidance and instruction to give to others.

Have you heard the saying of we "suffer the slings and arrows of outrageous fortune"? This is not of our doing, honestly, but the words and actions of others who want a benefit they ultimately desire, regardless of whom they are. As you watch the setting Sun each day, think of how you behaved that day and the good or bad that came to yourself or others. "Hear this, oh, hear this", "Do unto others as you would have them do unto you". It is a very good statement to consider. As dentists, let each of us help our fellow associates in this field we have all worked so very hard to become and let us each advise one another how to treat others and how others should treat us. Do not harm fellow dentists or patients. Remember, our careers are more about helping others. Give patients good dental care, instructions, maintenance rather than poor advice or treatment. Do the best dental treatment that we each can provide, not the poorest advice or treatment

(next page)

(cont.) alternatives. For example, you may crown a tooth if the prior restorations have been placed multiple times and continued to fail or was not holding up due to the tooth being weak, undermined, bruxism, poor daily hygiene or even less strong enamel from the lack of fluoride in the toothpaste or water one drinks every single day. Some water utilities do not add fluoride in the water. Serious consequences can result. Avoid root canals by treating patients quickly rather than waiting for the next year to arrive when insurance becomes active once more, allowing the dentition to further deteriorate. Waiting too long to properly treat patients can result quite often into additional treatment costs, treatment, suffering, pain and further tooth deterioration of one or more teeth. There are temporary alternatives to save on cost available to prevent further damage if seen and treated early on before the new year arrives.

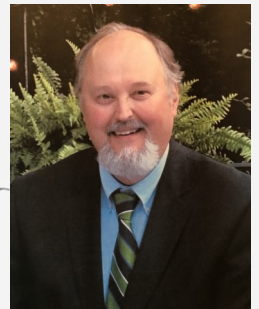
Help patients as much as humanly possible and instruct them on how to prevent additional dental work, re-treatment due to poor home care, bruxism, Sjogren's Disease, lack of flossing that can result in failure requiring additional treatment. When patients fail to follow our instructions, we, as their dentists, may have to retreat and/or reinstruct them in order to prevent future failure and/or decay. We just need to help them on a regular basis rather than allow their own failure to come see you as their dentist on a regular basis. Life spans are so short and the path we each take can be very different. Some take the road less traveled and many take the more traveled roads. Some are straight and narrow

and some are broad and wide. The following song is how I view my life today and the path I have taken and where it will lead me. Perhaps, you will see your life in a similar way. You decide for yourself your own course to take. Here is a really thoughtful song to consider, "Life's Evening Sun is Sinking Low".

"Each day I'll do a golden deed, By helping those who are in need, My life on Earth is but a span and so I'll do the best I can." "Life's evening sun is sinking low, A few more days and I must go. To meet the deeds that I have done, Where there will be no setting sun". "To be a child of God each day, My light must shine along the way; I'll sing His praise while ages roll, And strive to help some troubled soul". The only life that will endure, Is one that's kind and good and pure; And so for God I'll take my stand, Each day I lend a helping hand". "I'll help someone in time of need, And journey on with rapid speed; I'll help the sick and poor and weak, And words of kindness to them speak". While going down life's weary road, I'll try to lift some traveler's load; I'll try to turn the night to day, make flowers bloom along the way". Life's evening sun is sinking low, A few more days, and I must go, To meet the deeds that I have done, Where there will be no setting sun".

Blessings to all my friends and fellow dentists associated with CADS or otherwise. God Bless each and every one of you!

Dr. Phil Nunnally



THANK YOU, DR. PHIL NUNNELLY!

On behalf of the CADS Officers and Members, we have enjoyed your inspiration, professionalism, and advice of living a life helping others and how your Faith has brought you to and through life's journey.

On behalf of myself, Rhonda, I want to tell you how much I have enjoyed working with you this year. My goal has been to make this Newsletter more than announcements, and you and Dr. Zack Carden, as well as, Dr. Heath Blockley have helped me achieve that these past three years!



Dr. Riley H. Lunn was recognized at the American Equilibration Society's (AES) recent 64th Scientific Meeting for his contribution to TMD and dental sleep medicine education with the journal he founded 37 years ago, *CRANIO: The Journal of Craniomandibular & Sleep Practice*. Speaker Dr. Robert Supple praised Dr. Lunn's efforts, stating, "Without *CRANIO*, the evolution of occlusion, joints, muscles, posture, biometric data, and other variables in the human system would have been lost and undocumented. Riley was literally the only common thread to physically attend, create relationships, document the journey of all the master teachers, and advance the science in an ethical and entertaining format, and he did it with an unselfish respect to every doc who sent an article. You really can't make this journey up over 40 years that I watched from a distance. I can't imagine how many Academy meetings and conferences that Riley attended, so I had to recognize my favorite editor in front of the very best dentists in the world."

Dr. Supple is a graduate of the Pankey Institute and is active in the American Equilibration Society and the International Academy of Gnathology. He hosts quarterly trainings for the University of New Mexico (UNM) dental residents, speaks at several dental courses throughout the year, and has published several articles.

- JOIN US FOR -

CADS SOCIAL EVENT

WITH
dinner, drinks & fun

- HOSTED BY -

ERISACPA

RAYMOND JAMES

DENTIST/MEMBER EVENT

Join us **THURSDAY, MAY 16, 2019**
from **4:30-6:30 PM**

for dinner, drinks, and a fun cornhole
tournament for players or spectators

At NAKED RIVER BREWING COMPANY
1791 Reggie White Blvd.
Chattanooga, TN 37408

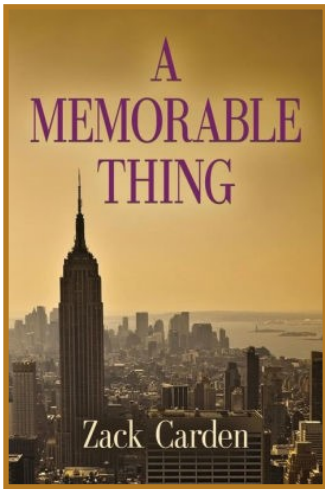
Space is limited.
RSVP via Eventbrite link or
email kristen@erisacpa.com

Hosts:
Jason Underwood & Greg McGuire

Make your reservations today...

Save the date

TDA Annual Session
Franklin Marriott Cool Springs
June 7-9, 2019



One of our own, Zack Carden, has released a novel, A MEMORABLE THING. It took him five years to complete it. Once you see the research you will understand why. He is giving a copy of it as a Door Prize at the March CADS meeting. It is available at Amazon, BN.com, BAM, and BookLocker (his favorite), and a sample chapter is available for you to peruse. For those of you who don't end up with the signed copy here's a brief outline of the story:

This is the saga of Patricia deGroot Abercrombie (Trish), a rich, and sickly dowager from the Upper East Side who decided on this particular Christmas Eve to go to live at a hospice facility on Long Island. She didn't want to die alone. But what would she do about the guilt from the family secret? Her luck of the draw was to get a cigar-smoking Ukrainian cabbie, Zhelyazko Kowalchuk (Ziggy).



So, how is your luck? If you come to the CADS Aprillecture you have a chance to win your very own copy, at a drawing at the end of the lecture.

You must be present to win!

Good Luck, everyone!

Speaking of Amazon...



Did you know that Amazon will donate to the
Tennessee Dental Association Foundation
a percentage of your purchases?

All you have to do is use smile.amazon.com instead of using amazon.com for your purchasing and Amazon will donate a percentage of your purchase to the charity or organization of your choice.

Enter "Tennessee Dental Association Foundation" when prompted. Just by doing your normal shopping can make a difference in boosting funds for dental education and research.

Please use smile.amazon.com year round.

Let's do our part in providing a healthy smile, everywhere!

April 9, 2019 CADS Membership Meeting

Team members are always welcome!

“Hot Topics in Dentistry: What Keeps You Up at Night”

with Mr. Mike Dvorak, TDA Executive Director

Registration will open at 5:30 pm

Chattanooga Golf and Country Club

Social Hour opens at 5:30 pm, dinner begins at 6:30 pm, and CE Program starting promptly at 6:45 pm

****Valet parking available****

For 2 Hours of Continuing Education Credit

Registration Fees Per Person:

\$40.00 ADA/CADS Member & Staff w/ dinner - \$30 Program only

\$70.00 Non-Member & Staff w/ dinner—\$40 Program Only

Please pre-register no later Thursday, April 4th

If paying via credit card:

Please email CADS at CADS@peacecom.net to reserve your spot by the deadline listed above,
including the names of all those attending.

Credit card payments will be made at the door, and a \$1.25/per person fee will be applied.

Be advised that once you reserve a spot, you will be required to pay a registration fee of \$25, if you do not attend the meeting and not have cancelled by above deadline date.

If paying via check:

Please complete the following information and mail this page along with check to the address below:

CADS

P.O. Box 841

Chickamauga, GA 30707

Name of dental practice:

Name(s) of those attending: (Please print legibly)

Volunteer Awareness Safety Net and RAM

Submitted, upon CADS request, by Dr. Tom Blockley

This past February, CADS presented information concerning our responsibilities as dental practitioners to provide dental care to those of our communities that have the greatest dental need: the low income, under-insured, and underserved of our communities that are unable to afford good medical and dental care. It is stated in our ADA code of ethics that “each dentist should share in providing advocacy to and care for the underserved.” The TDA and CADS are making great efforts to improve member participation to give time and much appreciated service to our Regional Safety Net Clinics and by serving Remote Area Medical mobile clinics. Through the activities of the TDA Action for Dental Care in Tennessee, the TDA Board established the Oral Health Initiatives Committee in 2014. This committee at that time started addressing issues of the underserved public. Eight initiatives were formulated to help strengthen and expand the public safety net and bring disease prevention and education into Tennessee communities:

1. Emergency room referrals- getting patients out of hospital ER's and into dental chairs.
2. Community Dental Health Coordinators (CDHCs)- that work to direct people to clinics for dental care considering reasons of poverty, geography, language, culture, and need of oral hygiene understanding.
3. Community Water Fluoridation- that continues to be effective in reducing tooth decay by 25%.
4. Medicaid- the TDA supports and advocates increased dental health protection through Tenn Care programs.
5. Frequently Qualified Health Centers- that contract with private practice dentists enabling dentists to help safety net facilities and provide more care to underserved communities.
6. Advocating Nursing Home Programs- to care for Tennessee nursing home residents.
7. Collaboration with other health care professionals and organizations- allowing medical professionals to be trained to recognize dental conditions needing treatment.
8. Remote Area Medical clinics (RAM)- Non-profit mobile organization providing needed emergency medical and dental treatments (TDA Journal news Volume 21 Issue 4, July, 2015).

The Chattanooga Area Dental Society has been pro-active in supporting Safety Net Clinics, *pro bono* private office giving, and RAM mobile clinics. Access-to-care non-profit clinics began in the mid- 1980s when the government began cutting health programs. Many of these clinics were faith-based with churches stepping in to improve the poor's access to medical and dental services. Today these clinics are supported by private funding and volunteer participation. Many times access-to-care clinics represent the poor's last opportunity for quality dental care. There are free 501 (c) 3 clinics and clinics that charge a sliding scale fee based on what patients can afford to pay, which helps fund the clinic as well as maintaining patient value for treatment. The mission of these clinics is to care for underserved people looking for the best possible results. These clinics have needs that are usually larger than the clinics can provide as they see patients with complex medical/dental issues requiring considerable time and funding for appropriate treatment. Without emergency or proper dental care, patients' general health may decline along with opportunities for jobs to better themselves and our communities.

Many in our local communities live with and have learned to live with dental pain for long periods of time. Thanks to these clinics, donors, and volunteers hope is given to those who cannot afford routine and emergency dental care. They can get treatment from someone that cares and will help them (TDA Journal Volume 90, number 1, Winter 2010).

At the February CADS meeting, three of our access-to-care clinics were guests and introduced to the membership. It is our hope that each of us will truly consider giving of our time and dental skills to help these (next page)

(cont.) clinics remain open to provide services. These clinics are making a difference to those they serve giving a hand up in life to those in need and encouraging their status in life.

The clinics and contacts are:

Smiles Clinic - 107 E 10th St. (Old National Guard Armory), South Pittsburg, TN 37380.

Phone- 423-228-3077

E-mail- smilesfreedental@yahoo.com www.smilesfreedental.com

Bobbie Hubbard- Executive Director- 423-718-5921

Janice Bolton- Office Manager- 423-663-0584

Dr. Kaz Hasnani- Dental Director- 423-619-5575

The William Roy Dental Clinic- Hope for the Inner City- 1800 Roanoke Ave., Chatt., TN 37401.

Phone- 423-698-3178, ext. 106

Allison Taylor- Clinical Coordinator- ataylor@hope4theinnercity.org hopefortheinnercity.org/dental

Lone Oak Free Health and Dental Clinic- 1278 US 127 Taft Hwy- Signal Mtn., TN 37377.

Sonia Bible- Clinical Coordinator- 423-886-4040. srbible@aol.com

Dr. Tom Blockley- Dental Director- 423-364-9174.

Volunteers may now earn 20% of the required continuing education hours for voluntary dental service in these 501(c) 3, non-profit clinics. This means dentists may earn up to 8 CE hours, hygienists may earn up to 6 CE hours, and dental assistants may earn up to 4 ½ CE hours.

Mary Brown with RAM was also present at the February meeting as a guest to represent and encourage CADS members to volunteer in their mobile clinics. RAM was founded by Stan Brock who passed away this past August. Mr. Brock was born in Lancashire, England in 1936 and grew to become one of the worlds most recognized cowboys managing a ranch in British Guiana in 1952. It was there that he was thrown from the back of a horse and was seriously injured. He was without and away from medical help for 26 days surviving the accident without medical attention. It was then that he vowed that he would one day bring medical care closer to people who needed it.

In 1968, Brock came to the United States to begin a career in television and became a co-host for Mutual of Omaha's Wild Kingdom TV series. When the series ended, he founded Remote Area Medical in 1985 as a non-profit organization that operates mobile medical, dental, and vision clinics delivering these free high quality services to underserved and uninsured individuals who do not have access to or cannot afford a doctor (TDA Newsletter, September-October 2018, Volume 24, Issue 5). The RAM Corporation has more than 135,000 humanitarian volunteers consisting of licensed dental, vision, and medical professionals who have treated 785,000 men, women, and children delivering over \$135 million worth of free health care.

Upcoming local RAM clinics are slated for: June 1-2, Saturday and Sunday at Cleveland High School in Bradley County and November 16-17, Saturday and Sunday at Camp Jordon. Please contact Mary Brown, volunteer manager and consider volunteering for a day or part of a day to help out. Her contacts information is:

Mary Brown, Volunteer Manager, marybrown@ramusa.org

Phone: 865-862-5589

Cell: 423-506-1404

COMING August 15, 2019

CADS Presents:



Lone Oak Clinic — Dr. Tom Blockley
423-886-4040 or 423-886-4680

Smiles, Inc — Dr. Kaz Hasnani
423-228-3077

Hope For The Inner City
Dr. Roy Dental Clinic
423-698-3178

Hello CADS Members,

We want to thank you for your past participation in our RAM Clinics.



We are gearing up for our Cleveland Area RAM Clinic June 1 – 2, 2019. It will be at Cleveland High School. We need volunteers. You have helped us in the past by putting a notice in your newsletter. We see patients from the surrounding area who haven't seen a dentist or had their teeth cleaned in years. Dental professionals face a hard and challenging day. We feed them well. Breakfast both days will be a choice of biscuits with or without sausage, yogurt, fruit, coffee or Starbucks coffee. Lunch will be more than a sandwich and a bag of chips. Both days it will be prepared by cooks who love to feed a group of hungry people. On Saturday night, we have a dinner at St. Therese Catholic Church in Cleveland for the professional volunteers and the RAM staff. It's Cajun cooking served with your choice of wine, tea or water and relaxing conversation. Of course, the volunteers get a beautiful, comfortable t-shirt.

Please e-mail me with any questions or suggestions at sherrypark@earthlink.net.



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