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**February 12, 2019**  
**"Silver Diamine Fluoride"**  
**with Dr. Michelle Pardue**

Dr. Michelle Pardue currently serves as the Director of Oral Health for the Metro Davidson County Public Health Department. She received her Doctor of Dental Surgery from the University of Tennessee, Memphis Health Science Center in 1991. After working in private practice for two years, she began her career in Public Health. Dr. Pardue's role at the Health Department involves many aspects of dentistry from providing direct patient care to conducting school-based and community-based prevention programs. Many of her patients have limited access to care which inspired her to learn about the benefits of silver diamine fluoride which has proven to be extremely effective. Her passion is providing pediatric dental care and educating patients to help them maintain and improve their oral health.



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***Thank you to this month's Sponsors:***





### **President's Message:**

**Dr. Charles McBrayer**

Hello CADS Members,

I hope everyone has had a great start to the New Year. Your CADS board has already been at work in January to insure a great line up for the Spring of 2019.

Dr. Randall has another excellent speaker and topic to kick off 2019. Our next CADS program meeting is February 12<sup>th</sup>, with Dr. Michelle Pardue. She will be speaking on "Silver Diamine Fluoride." Remember, your team members are also invited.

We will also be hosting a volunteer awareness night for our area Safety-Net clinics. Dr. Tom Blockley has agreed to speak on behalf of all the clinics (Lone Oak, Dr. Roy, Smiles and RAM). Tom will speak about the need for volunteers and helping the community. A note of interest is that Dentist can claim these volunteer hours as CE. Each clinic will have a table set up with a representative present. Please make time to visit with them.

Speaking of scheduling, do not forget to mark your calendars for the TDA Annual Session in Franklin, TN, June 7th—9th. The TDA has been working diligently to make this meeting relevant and beneficial for all members, which was proven last year.

Every year starts with new goals, challenges and commitments of time to our profession. Consider setting aside time and come enjoy the fellowship with your CADS peers.

**Charles McBrayer, DDS**  
**CADS President 2018-19**



**Next CADS Board Meeting**  
**Directly after the February 12th Program Meeting**



# "Life Is Short and We Need To Enjoy What Little Time We Have Left"

by Phil Nunnally, DDS

It is now 2019. How the years have flown by! It is amazing and sad in many ways. Well, I have a little story to tell you and I hope you appreciate the concepts. Here is a verse of scripture in the New Testament I would like for you to keep in your mind as you read this article. It is I Corinthians 13:13 found in the American Standard, "But now abideth faith, hope, love, these three; and the greatest of these is love." Does this statement represent who you are today and what you think? The answer you give is private in your own mind, not to be shared. Only God knows your heart.

The first thing I would like to share with you is an article found in the ADA News dated January 7, 2019. It is a very good article. I encourage you to read and study it on page 7. The title to the article is, "Around the World in 35 Days". It is an article about Dr. Ed Galkin, a 82-year-old Dentist. He has flown an aircraft he bought in 1977. It is a Cessna 210 Centurion and his co-pilot was Marty Balk. He flew across the South Pacific visiting a dozen locations and then flew back to the United States. This trip involved his deep concern regarding those with a disease called "Alzheimer's". He stated, that until he made this trip, he did not know how widespread this disease was. He was and is conducting a fundraising campaign for this association.

I'm sure that he loves to fly. My mother loved to fly. She would fly a single engine plane here at the Chattanooga Airport and got her wings at the age of 16. She loved flying. In 1945, when my dad returned from World War II after being a prisoner-of-war of the Japanese, she showed him her skills and wanted to take him up. She had flown up about 10,000 feet, cut the engine and went head down in a spiral. She would then start up the engine and fly out of the spin. She was multi-talented. She played the piano, violin and rode horses. Well, to make this story short, she then asked dad to go fly with her and he refused and made her stop flying altogether. I believe he thought it was very dangerous and that she might die. If she had, I would not be here today. Later in life, I took care of my parents until they passed from this life. Dad developed Alzheimer's and mom developed Vascular Dementia, both very similar diseases.

I always wanted to learn to fly but Dentistry took up all my time helping others and my family after my graduation. But, I have always loved helping others even if I did not get much in return. In fact, the following may be of interest to you. I practiced dentistry for forty years after graduating in 1978. As you know, it was hard starting out

and continuing on for all those years. My desire was like I stated above, to help others more than myself. Over all those years, patients owed me around \$250,000 or more. I never took any action against them. I wrote it all off if they did not pay what was owed over all those many years. I have always felt inside that it would be my "Christian duty" to do so, even if I gained no benefit.

So, no one was taken to court if they did not pay what was legitimately owed. I let it go. I don't want to give answer for the things others did, do or should have done. Perhaps others feel differently in this regard. But, not me!

I feel good about that and just helping others for no monetary gain. It's called "good will". I never turned over collections to any attorney other than a collection agency. But, I would never pursue any type of action against anyone if they did not pay for work performed for them. I was never taken to court by anyone: patient, insurance company, no one. Neither did I take anyone to court. There have been many changes over the last 40 years in the field of dentistry. This is the world in which we live today. The Chattanooga Area Dental Society, Tennessee Dental Association and American Dental Association should be a brotherhood. So, as the saying goes, "Choose this day whom you will follow (serve), God or man" (Joshua 24: 15). Joshua stated "but as for me and my house, we will serve the LORD." We must each decide for ourselves how to live our lives.

Lastly, I want to speak about one of my absolute best friends since 6 years of age. His name was Frank Davey. He was a captain in the USMC, soon after we graduated from Tyner High School in 1970. As a Marine pilot, he served his country well with honor and distinction. His wife, Janet, attended Tyner together with us. Frank was not only a good friend he was also a good dental patient of mine. I especially helped him on cost for care as he had no insurance for dental care. I did this for many patients who needed care, even some at no cost at all in order for them to maintain their dentition.

Frank called me and left a message on my cell phone on January 2, 2019. He said, "Hey, Phil, call Frank". Frank left his cell phone number for me to call. I was unable to call him back quickly. This was on a Wednesday evening. The next Monday, my wife, Nancy, called me and told me that his plane had gone down in Lake Chickamauga around 1:30 pm. It had been reported on the news that day. My best friend, Frank, and a friend of

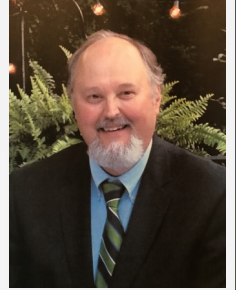
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(cont.) his crashed into the lake near Soddy Daisy. This broke my heart and has hurt me more than any of you can imagine to this day. When he had called me, I am sure it was to ask if I wanted to go up with him that Monday. I was helping others that day, and was unable to call and let him know. As you can imagine, the accident crushed me and many hundreds of friends also. We had flown together before and he was an amazing pilot, so talented. So, flying is a great skill but if there is something that goes wrong with the plane there is very little anyone can do. Apparently, Frank's engine exploded and crashed. They found the passengers, a few days later, in the cockpit. Frank was buried in the Chattanooga National Cemetery on January 9, 2018 where I attended with other friends and family. Please keep his family in your prayers as I have and will continue to do the rest of my life. Janet is a very kind, loving person and had worked in an Endodontist's office. Her daughter, Laura was a UT Knoxville cheerleader and is married. Her son, Stuart, is married and in the Army.

Flying is a wonderful hobby but, like many other things that life throws our way, it can be very difficult for anyone when problems arise. I suggest living for others more than yourself. Love your family and friends. Do not hold anything against others for the things done in the body. None of us know what curves life throws our way or when. Live life to the fullest and live life for others first. Stand up for that which is right in your eyes and in God's eyes. Enjoy providing for your patients and perform treatment with the love and care that is best for all. Be strong and stand up for principles which are right. Anyway, I hope you enjoyed reading and thinking about these concepts, principles of life and this story.

Blessings,

*Dr. Phil Nunnally*



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Did you know that when patients go to "Find A Dentist" they are more likely to click on the one that has a profile picture and skip over the ones that do not???

So say cheese! The patients, ADA, TDA and CADS would like to see your smile! You are your best advertisement! Too shy? Put up your office team picture or logo! Remember: no pic may mean no click! We would love to have CADS with 100% ADA Profile updated participation!

**Thank you! ~ Rhonda**

<http://ebusiness.ada.org/myada/myada.aspx>



**Save the date**

**TDA Annual Session  
Franklin Marriott Cool Springs  
June 7-9, 2019**



**Share your love of making healthy smiles!  
Volunteers are always needed:**

**Lone Oak Clinic — Dr. Tom Blockley  
423-886-4040 or 423-886-4680**

**Smiles, Inc — Dr. Kaz Hasnani  
423-228-3077**

**Hope For The Inner City  
Dr. Roy Dental Clinic  
423-698-3178**

Hello CADS Members,

We want to thank you for your past participation in our RAM Clinics.

We are gearing up for our Cleveland Area RAM Clinic June 1 – 2, 2019. It will be at Cleveland High School. We need volunteers. You have helped us in the past by putting a notice in your newsletter. We see patients from the surrounding area who haven't seen a dentist or had their teeth cleaned in years. Dental professionals face a hard and challenging day. We feed them well. Breakfast both days will be a choice of biscuits with or without sausage, yogurt, fruit, coffee or Starbucks coffee. Lunch will be more than a sandwich and a bag of chips. Both days it will be prepared by cooks who love to feed a group of hungry people. On Saturday night, we have a dinner at St. Therese Catholic Church in Cleveland for the professional volunteers and the RAM staff. It's Cajun cooking served with your choice of wine, tea or water and relaxing conversation. Of course, the volunteers get a beautiful, comfortable t-shirt.

Please e-mail me with any questions or suggestions at [sherrypark@earthlink.net](mailto:sherrypark@earthlink.net).



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# **February 12, 2019 CADS Membership Meeting**

***Team members are always welcome!***

## **“Silver Diamine Fluoride”**

***with Dr. Michelle Pardue***

**Thursday, February 7th, 2019**

Registration will open at 5:30 pm

**Chattanooga Golf and Country Club**

**Dinner begins at 6:30 pm**

***Menu:*** Chef’s Seasonal Salad -Roasted Angus Beef Bistro Loin -Herb Roasted Chicken Breast  
Broccoli -Roasted Brussels Sprouts and Butternut Squash

**For 2 Hours of Continuing Education Credit**

**Social Hour at 5:30 pm, dinner begins at 6:30 pm, and CE Program starting promptly at 6:45 pm**

**Registration Fees Per Person:**

**\$40.00 ADA/CADS Member & Staff w/ dinner**

***\$70.00 Non-Member & Staff w/ dinner***

**Please pre-register no later Thursday, November 8th**

**If paying via credit card:**

Please email CADS at CADS@peacecom.net to reserve your spot by the deadline listed above,  
including the names of all those attending.

Credit card payments will be made at the door, and a \$1.25/per person fee will be applied.

Be advised that once you reserve a spot, you will be required to pay a registration fee of \$25,  
if you do not attend the meeting and not have cancelled by above deadline date.

**If paying via check:**

Please complete the following information and mail this page along with check to the address below:

CADS

P.O. Box 841

Chickamauga, GA 30707

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Name(s) of those attending: (Please print legibly)

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**Tennessee Dental Association Foundation**  
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All you have to do is use [smile.amazon.com](https://smile.amazon.com) instead of using amazon.com for your purchasing and Amazon will donate a percentage of your purchase to the charity or organization of your choice.

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## Did You Know:

### TDA Foundation

The Tennessee Dental Association Foundation (TDAF) was created to support dental research and education. Funding for TDAF comes from charitable donations and estate bequests from dentists and friends of dentistry. As a 501(c)(3) organization, contributions are tax-deductible.

**Donations can be made with your 2019 Annual Dues.**

The Foundation is doing amazing things! This year along with a donation to the UT College of Dentistry to support their Student Research Program a donation was also made to the Dental Lifeline Network to support individuals in need of dental care in Tennessee.

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